



Race: TRIATHLON 2ος Αγώνας Πρωταθλήματος

Date: 5/9/04

Venue: ΛΕΜΕΣΟΣ

| PLACE | place in div | RACE No. | NAME | div | SWIM | SWIM PER 100M | SWIM PLACE | BIKE SPLIT | BIKE SPLIT Km/H | BIKE SPLIT PLACE | BIKE CUM TIME | BIKE CUM PLACE | RUN SPLIT | RUN SPLIT min/Km | RUN SPLIT PLACE | FINAL TIME |
|-------|--------------|----------|-------------------|-----|---------|---------------|------------|------------|-----------------|------------------|---------------|----------------|-----------|------------------|-----------------|------------|
| 1 | 1/15 | 12 | David Simpson | OM | 0:20:37 | 0:01:22 | 4 | 1:09:30 | 34,53 | 1 | 1:30:07 | 1 | 0:43:08 | 0:04:19 | 1 | 2:13:15 |
| 2 | 2/15 | 2 | Κύπρος Νικολάου | OM | 0:20:28 | 0:01:22 | 2 | 1:15:25 | 31,82 | 2 | 1:35:53 | 2 | 0:47:12 | 0:04:43 | 3 | 2:23:05 |
| 3 | 1/2 | 20 | İnsel Üstüner | MJA | 0:20:33 | 0:01:22 | 3 | 1:17:40 | 30,90 | 3 | 1:38:13 | 3 | 0:49:18 | 0:04:56 | 5 | 2:27:31 |
| 4 | 4/15 | 15 | Cem Dağdelen | OM | 0:28:01 | 0:01:52 | 11 | 1:18:55 | 30,41 | 6 | 1:46:56 | 7 | 0:46:07 | 0:04:37 | 2 | 2:33:03 |
| 5 | 5/15 | 6 | Αντρέας Φωτιάδης | OM | 0:23:01 | 0:01:32 | 5 | 1:20:04 | 29,98 | 7 | 1:43:05 | 5 | 0:50:00 | 0:05:00 | 6 | 2:33:05 |
| 6 | 1/4 | 10 | Paul Hardisty | MM | 0:27:56 | 0:01:52 | 10 | 1:18:40 | 30,51 | 5 | 1:46:36 | 6 | 0:48:30 | 0:04:51 | 4 | 2:35:06 |
| 7 | 7/15 | 5 | Χρίστος Χρίστου | OM | 0:31:00 | 0:02:04 | 16 | 1:17:53 | 30,82 | 4 | 1:48:53 | 8 | 0:51:37 | 0:05:10 | 8 | 2:40:30 |
| 8 | 2/4 | 17 | Cemal Şenket | MM | 0:27:53 | 0:01:52 | 9 | 1:23:59 | 28,58 | 10 | 1:51:52 | 10 | 0:51:19 | 0:05:08 | 7 | 2:43:11 |
| 9 | 2/2 | 3 | Νικόλας Λουκαΐδης | MJA | 0:19:10 | 0:01:17 | 1 | 1:22:31 | 29,09 | 8 | 1:41:41 | 4 | 1:05:34 | 0:06:33 | 11 | 2:47:15 |
| 10 | 10/15 | 19 | Hüseyin Arhan | OM | 0:25:11 | 0:01:41 | 7 | 1:26:30 | 27,75 | 12 | 1:51:41 | 9 | 0:59:14 | 0:05:55 | 9 | 2:50:55 |
| 11 | 11/15 | 8 | Μάριος Νικολάου | OM | 0:27:45 | 0:01:51 | 8 | 1:25:09 | 28,19 | 11 | 1:52:54 | 12 | 1:00:54 | 0:06:05 | 10 | 2:53:48 |
| 12 | 12/15 | 16 | Yanki Karadağlı | OM | 0:30:45 | 0:02:03 | 15 | 1:37:15 | 24,68 | 15 | 2:08:00 | 16 | 1:06:51 | 0:06:41 | 12 | 3:14:51 |
| ---- | ---- | 18 | Özlem Özbekoğlu | WJA | 0:24:45 | 0:01:39 | 6 | ---- | ---- | ---- | DNF | 13 | ---- | ---- | ---- | DNF |
| ---- | ---- | 7 | Τάκης Νταής | MM | 0:30:13 | 0:02:01 | 14 | 1:22:39 | 29,04 | 9 | 1:52:52 | 11 | ---- | ---- | ---- | DNF |
| ---- | ---- | 1 | Κύπρος Τσουλούπας | OM | 0:29:25 | 0:01:58 | 13 | 1:29:35 | 26,79 | 13 | 1:59:00 | 14 | ---- | ---- | ---- | DNF |
| ---- | ---- | 21 | Πάμπος Σπανούδης | MM | 0:29:22 | 0:01:57 | 12 | 1:34:19 | 25,45 | 14 | 2:03:41 | 15 | ---- | ---- | ---- | DNF |

TRY-TRI 300/10/2,5

| PLACE | place in div | RACE No. | NAME | div | SWIM | SWIM PER 100M | SWIM PLACE | BIKE SPLIT | BIKE SPLIT Km/H | BIKE SPLIT PLACE | BIKE CUM TIME | BIKE CUM PLACE | RUN SPLIT | RUN SPLIT min/Km | RUN SPLIT PLACE | FINAL TIME |
|-------|--------------|----------|---------------------|-----|---------|---------------|------------|------------|-----------------|------------------|---------------|----------------|-----------|------------------|-----------------|------------|
| 1 | 1/2 | 27 | Bev Childs | WM | 0:05:09 | 0:01:43 | 1 | 0:21:05 | 28,46 | 1 | 0:26:14 | 1 | 0:11:15 | 0:04:30 | 1 | 0:37:29 |
| 2 | 2/2 | 25 | Heidi Hardisty | WM | 0:05:42 | 0:01:54 | 2 | 0:24:40 | 24,32 | 2 | 0:30:22 | 2 | 0:12:43 | 0:05:05 | 2 | 0:43:05 |
| 3 | 1/1 | 28 | Νεοπτόλεμος Ιωάννου | MM | 0:07:41 | 0:02:34 | 4 | 0:25:19 | 23,70 | 3 | 0:33:00 | 3 | 0:14:44 | 0:05:54 | 4 | 0:47:44 |
| 4 | 3/3 | 26 | Inessa Popova | OW | 0:06:14 | 0:02:05 | 3 | 0:28:48 | 20,83 | 4 | 0:35:02 | 4 | 0:14:16 | 0:05:42 | 3 | 0:49:18 |