



Race: TRIATHLON 2ος Αγώνας Πρωταθλήματος

Date: 9/10/05

Venue: ΛΕΜΕΣΟΣ

PLACE	place in div	RACE No.	NAME	div	SWIM	SWIM PER 100M	SWIM PLACE	BIKE SPLIT	BIKE SPLIT Km/H	BIKE SPLIT PLACE	BIKE CUM TIME	BIKE CUM PLACE	RUN SPLIT	RUN SPLIT min/Km	RUN SPLIT PLACE	FINAL TIME
1	1/10	1	Κύπρος Νικολάου	OM	0:20:34	0:01:22	1	1:15:19	31,87	2	1:35:53	1	0:44:51	0:04:29	3	2:20:44
2	2/10	2	Κωνσταντίνος Χαρίτος	OM	0:21:31	0:01:26	2	1:16:40	31,30	3	1:38:11	2	0:43:34	0:04:21	1	2:21:45
3	1/4	4	Τάκης Νταής	MM	0:27:59	0:01:52	8	1:13:04	32,85	1	1:41:03	3	0:47:12	0:04:43	6	2:28:15
4	4/10	7	Hüseyin Arhan	OM	0:23:19	0:01:33	4	1:19:32	30,18	6	1:42:51	4	0:46:16	0:04:38	5	2:29:07
5	2/4	11	Ahmet Çelik	MM	0:26:16	0:01:45	7	1:17:30	30,97	5	1:43:46	5	0:45:34	0:04:33	4	2:29:20
6	6/10	9	Murat Mehrübeoğlu	OM	0:28:27	0:01:54	9	1:17:27	30,99	4	1:45:54	8	0:44:31	0:04:27	2	2:30:25
7	3/4	13	Cemal Şevket	MM	0:24:43	0:01:39	5	1:19:35	30,16	7	1:44:18	6	0:49:39	0:04:58	7	2:33:57
8	8/10	3	Μάριος Νικολάου	OM	0:25:14	0:01:41	6	1:20:37	29,77	8	1:45:51	7	0:51:00	0:05:06	8	2:36:51
9	4/4	12	Caner Aspava	MM	0:23:05	0:01:32	3	1:34:49	25,31	9	1:57:54	9	0:59:52	0:05:59	9	2:57:46
10	10/10	8	Yanki Karadağlı	OM	0:29:15	0:01:57	10	1:36:00	25,00	10	2:05:15	10	1:01:57	0:06:12	10	3:07:12

Race: SPRINT TRIATHLON 3ος Αγώνας Πρωταθλήματος

Date: 9/10/05

Venue: ΛΕΜΕΣΟΣ

PLACE	place in div	RACE No.	NAME	div	SWIM	SWIM PER 100M	SWIM PLACE	BIKE SPLIT	BIKE SPLIT Km/H	BIKE SPLIT PLACE	BIKE CUM TIME	BIKE CUM PLACE	RUN SPLIT	RUN SPLIT min/Km	RUN SPLIT PLACE	FINAL TIME
1	1/1	14	Paul Hardisty	MM	0:11:53	0:01:35	3	0:39:27	30,42	1	0:51:20	1	0:21:13	0:04:15	1	1:12:33
2	1/4	5	Άντρη Φωτιάδου	WM	0:13:18	0:01:46	4	0:42:02	28,55	2	0:55:20	2	0:25:02	0:05:00	3	1:20:22
3	2/4	15	Heidi Hardisty	WM	0:13:45	0:01:50	5	0:45:07	26,60	4	0:58:52	4	0:24:59	0:05:00	2	1:23:51
4	3/4	16	Claire Philpott	WM	0:11:39	0:01:33	2	0:44:44	26,83	3	0:56:23	3	0:28:13	0:05:39	4	1:24:36
5	4/5	6	Melek Şevket	OW	0:11:02	0:01:28	1	0:51:07	23,48	5	1:02:09	5	0:30:01	0:06:00	6	1:32:10
6	4/4	17	Melanie Lovat	WM	0:13:47	0:01:50	6	0:54:40	21,95	6	1:08:27	6	0:29:03	0:05:49	5	1:37:30

Race: SUPER SPRINT TRIATHLON

Date: 9/10/05

Venue: ΛΕΜΕΣΟΣ

PLACE	place in div	RACE No.	NAME	div	SWIM	SWIM PER 100M	SWIM PLACE	BIKE SPLIT	BIKE SPLIT Km/H	BIKE SPLIT PLACE	BIKE CUM TIME	BIKE CUM PLACE	RUN SPLIT	RUN SPLIT min/Km	RUN SPLIT PLACE	FINAL TIME
1	1/3	20	Megan Wallis	WJB	0:05:58	0:01:42	3	0:31:12	19,23	5	0:37:10	4	0:14:52	0:05:57	1	0:52:02
2	1/2	23	Ιάσονας Νικολάου	MJB	0:05:39	0:01:37	1	0:30:08	19,91	3	0:35:47	1	0:17:12	0:06:53	4	0:52:59
3	2/5	24	Omiros Chrisanthou	OM	0:07:13	0:02:04	8	0:30:48	19,48	4	0:38:01	5	0:15:45	0:06:18	2	0:53:46
4	3/5	21	Peter Manov	OM	0:06:28	0:01:51	6	0:29:38	20,25	1	0:36:06	3	0:17:58	0:07:11	7	0:54:04
5	2/6	25	Caroline Shearman	OW	0:07:49	0:02:14	11	0:33:05	18,14	6	0:40:54	7	0:17:30	0:07:00	5	0:58:24
6	2/2	29	Thomas Dyer	MJB	0:06:49	0:01:57	7	0:33:57	17,67	8	0:40:46	6	0:17:41	0:07:04	6	0:58:27
7	2/3	26	Holly Glover	WJB	0:06:02	0:01:43	4	0:35:55	16,71	9	0:41:57	9	0:16:31	0:06:36	3	0:58:28
8	1/2	22	Helen Ellinorouli	WM	0:07:32	0:02:09	9	0:33:39	17,83	7	0:41:11	8	0:18:12	0:07:17	8	0:59:23
9	3/3	27	Amelia Dyer	WJB	0:06:04	0:01:44	5	0:37:36	15,96	11	0:43:40	10	0:18:14	0:07:18	10	1:01:54
10	2/2	28	Tracy Dyer	WM	0:07:34	0:02:10	10	0:36:11	16,58	10	0:43:45	11	0:18:12	0:07:17	9	1:01:57
11	1/1	30	Κώστας Νικολάου	MM	0:05:55	0:01:41	2	0:30:03	19,97	2	0:35:58	2	-----	-----	-----	DNF

Εκτός Συναγωνισμού

PLACE	place in div	RACE No.	NAME	div	SWIM 350m	SWIM PER 100M	SWIM PLACE	BIKE 40Km	BIKE SPLIT Km/H	BIKE SPLIT PLACE	BIKE CUM TIME	BIKE CUM PLACE	RUN 5Km	RUN SPLIT min/Km	RUN SPLIT PLACE	FINAL TIME
		19	Νεοπτόλεμος Ιωάννου	MM	0:09:43				1:30:29		1:40:12		0:35:40			2:15:52



Race: TRIATHLON

Date: 9/10/05

Venue: Limassol

PLACE	place in div	RACE No.	NAME	div	SWIM	SWIM PER 100M	SWIM PLACE	BIKE SPLIT	BIKE SPLIT Km/H	BIKE SPLIT PLACE	BIKE CUM TIME	BIKE CUM PLACE	RUN SPLIT	RUN SPLIT min/Km	RUN SPLIT PLACE	FINAL TIME
1	1/10	1	Kypros Nicolaou	OM	0:20:34	0:01:22	1	1:15:19	31,87	2	1:35:53	1	0:44:51	0:04:29	3	2:20:44
2	2/10	2	Konstantinos Charitos	OM	0:21:31	0:01:26	2	1:16:40	31,30	3	1:38:11	2	0:43:34	0:04:21	1	2:21:45
3	1/4	4	Takis Daes	MM	0:27:59	0:01:52	8	1:13:04	32,85	1	1:41:03	3	0:47:12	0:04:43	6	2:28:15
4	4/10	7	Hüseyin Arhan	OM	0:23:19	0:01:33	4	1:19:32	30,18	6	1:42:51	4	0:46:16	0:04:38	5	2:29:07
5	2/4	11	Ahmet Çelik	MM	0:26:16	0:01:45	7	1:17:30	30,97	5	1:43:46	5	0:45:34	0:04:33	4	2:29:20
6	6/10	9	Murat Mehrübeoğlu	OM	0:28:27	0:01:54	9	1:17:27	30,99	4	1:45:54	8	0:44:31	0:04:27	2	2:30:25
7	3/4	13	Cemal Şevket	MM	0:24:43	0:01:39	5	1:19:35	30,16	7	1:44:18	6	0:49:39	0:04:58	7	2:33:57
8	8/10	3	Marios Nikolaou	OM	0:25:14	0:01:41	6	1:20:37	29,77	8	1:45:51	7	0:51:00	0:05:06	8	2:36:51
9	4/4	12	Caner Aspava	MM	0:23:05	0:01:32	3	1:34:49	25,31	9	1:57:54	9	0:59:52	0:05:59	9	2:57:46
10	10/10	8	Yanki Karadağlı	OM	0:29:15	0:01:57	10	1:36:00	25,00	10	2:05:15	10	1:01:57	0:06:12	10	3:07:12

Race: SPRINT TRIATHLON

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1	1/1	14	Paul Hardisty	MM	0:11:53	0:01:35	3	0:39:27	30,42	1	0:51:20	1	0:21:13	0:04:15	1	1:12:33
2	1/4	5	Andri Phodiadou	WM	0:13:18	0:01:46	4	0:42:02	28,55	2	0:55:20	2	0:25:02	0:05:00	3	1:20:22
3	2/4	15	Heidi Hardisty	WM	0:13:45	0:01:50	5	0:45:07	26,60	4	0:58:52	4	0:24:59	0:05:00	2	1:23:51
4	3/4	16	Claire Philpott	WM	0:11:39	0:01:33	2	0:44:44	26,83	3	0:56:23	3	0:28:13	0:05:39	4	1:24:36
5	4/5	6	Melek Abohorlu	OW	0:11:02	0:01:28	1	0:51:07	23,48	5	1:02:09	5	0:30:01	0:06:00	6	1:32:10
6	4/4	17	Melanie Lovat	WM	0:13:47	0:01:50	6	0:54:40	21,95	6	1:08:27	6	0:29:03	0:05:49	5	1:37:30

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1	1/3	20	Megan Wallis	WJB	0:05:58	0:01:42	3	0:31:12	19,23	5	0:37:10	4	0:14:52	0:05:57	1	0:52:02
2	1/2	23	Iasonas Nicolaou	MJB	0:05:39	0:01:37	1	0:30:08	19,91	3	0:35:47	1	0:17:12	0:06:53	4	0:52:59
3	2/5	24	Omiros Chrisanthou	OM	0:07:13	0:02:04	8	0:30:48	19,48	4	0:38:01	5	0:15:45	0:06:18	2	0:53:46
4	3/5	21	Peter Manov	OM	0:06:28	0:01:51	6	0:29:38	20,25	1	0:36:06	3	0:17:58	0:07:11	7	0:54:04
5	2/6	25	Caroline Shearman	OW	0:07:49	0:02:14	11	0:33:05	18,14	6	0:40:54	7	0:17:30	0:07:00	5	0:58:24
6	2/2	29	Thomas Dyer	MJB	0:06:49	0:01:57	7	0:33:57	17,67	8	0:40:46	6	0:17:41	0:07:04	6	0:58:27
7	2/3	26	Holly Glover	WJB	0:06:02	0:01:43	4	0:35:55	16,71	9	0:41:57	9	0:16:31	0:06:36	3	0:58:28
8	1/2	22	Mark Flint	WM	0:07:32	0:02:09	9	0:33:39	17,83	7	0:41:11	8	0:18:12	0:07:17	8	0:59:23
9	3/3	27	Amelia Dyer	WJB	0:06:04	0:01:44	5	0:37:36	15,96	11	0:43:40	10	0:18:14	0:07:18	10	1:01:54
10	2/2	28	Tracy Dyer	WM	0:07:34	0:02:10	10	0:36:11	16,58	10	0:43:45	11	0:18:12	0:07:17	9	1:01:57
11	1/1	30	Costas Nikolaou	MM	0:05:55	0:01:41	2	0:30:03	19,97	2	0:35:58	2	-----	-----	-----	DNF

Εκτός Συναγωνισμού

PLACE	place in div	RACE No.	NAME	div	SWIM 350m	SWIM PER 100M	SWIM PLACE	BIKE 40Km	BIKE SPLIT Km/H	BIKE SPLIT PLACE	BIKE CUM TIME	BIKE CUM PLACE	RUN 5Km	RUN SPLIT min/Km	RUN SPLIT PLACE	FINAL TIME
		19	Neoptolemos Ioannou	MM	0:09:43				1:30:29		1:40:12		0:35:40			2:15:52