



Cyprus Triathlon Federation

Race: 2009 CYPRUS SPRINT TRIATHLON AT MAKRONISSOS
 Date: 12/4/09
 Venue: Agia Napa

POS	PLACE in DIV	RACE No.	NAME	COUNTRY / CLUB	DIV	SWIM	SWIM PER 100M	SWIM PLACE	BIKE SPLIT	BIKE SPLIT Km/H	BIKE SPLIT PLACE	BIKE CUM TIME	BIKE CUM PLACE	RUN SPLIT	RUN SPLIT min/Km	RUN SPLIT PLACE	FINAL TIME
1	1/12	1	Artem PARIENKO	RUS	M18-24	00:09:24	00:01:15	6	00:29:37	40.52	1	00:39:01	1	00:15:49	00:03:10	2	00:54:50
2	2/12	45	Valenten MESHCHERYAKOV	RUS	M18-24	00:09:17	00:01:14	1	00:30:15	39.67	5	00:39:32	5	00:15:45	00:03:09	1	00:55:17
3	3/12	44	Igor POLYANSKIY	RUS	M18-24	00:09:21	00:01:15	4	00:29:41	40.43	2	00:39:02	2	00:16:22	00:03:16	3	00:55:24
4	4/12	2	Dmitriy ROSTYAGAEV	RUS	M18-24	00:09:18	00:01:14	2	00:29:47	40.29	4	00:39:05	3	00:16:29	00:03:18	4	00:55:34
5	5/12	41	Andrey BRUKHANKOV	RUS	M18-24	00:09:22	00:01:15	5	00:29:44	40.36	3	00:39:06	4	00:16:43	00:03:21	5	00:55:49
6	6/12	46	Kiril GOLDOVSKIY	RUS	M18-24	00:09:19	00:01:15	3	00:31:16	38.38	6	00:40:35	6	00:17:32	00:03:30	6	00:58:07
7	7/12	42	Vyacheslav PIMENOV	RUS	M18-24	00:09:28	00:01:16	7	00:32:42	36.70	7	00:42:10	7	00:17:48	00:03:34	7	00:59:58
8	8/12	43	Anton VORONKOV	RUS	M18-24	00:09:29	00:01:16	8	00:32:44	36.66	8	00:42:13	8	00:18:05	00:03:37	8	01:00:18
9	1/11	76	Anastasia POLYANSKAYA	RUS	F18-24	00:10:43	00:01:26	11	00:33:16	36.07	10	00:43:59	9	00:19:39	00:03:56	10	01:03:38
10	2/11	72	Lubov IVANOVSKAYA	RUS	F18-24	00:10:46	00:01:26	14	00:33:21	35.98	11	00:44:07	12	00:19:35	00:03:55	9	01:03:42
11	9/12	37	Pavel CHERNYKH	RUS	M18-24	00:10:44	00:01:26	12	00:33:31	35.80	13	00:44:15	14	00:19:45	00:03:57	11	01:04:00
12	3/11	73	Ekaterina AKIMOVA	RUS	F18-24	00:10:47	00:01:26	15	00:33:24	35.93	12	00:44:11	13	00:20:30	00:04:06	13	01:04:41
13	10/12	38	Nikita OBUKHOV	RUS	M18-24	00:10:25	00:01:23	10	00:33:38	35.68	14	00:44:03	11	00:21:16	00:04:15	15	01:05:19
14	4/11	69	Varvara VASKOVSKAYA	RUS	F18-24	00:11:27	00:01:32	20	00:32:52	36.51	9	00:44:19	15	00:21:28	00:04:18	17	01:05:47
15	11/12	36	Alexey LOGINOV	RUS	M18-24	00:12:03	00:01:36	21	00:34:23	34.90	16	00:46:26	17	00:20:01	00:04:00	12	01:06:27
16	5/11	74	Svetlana USHAKOVA	RUS	F18-24	00:10:10	00:01:21	9	00:33:50	35.47	15	00:44:00	10	00:22:43	00:04:33	18	01:06:43
17	6/11	67	Olga AGAPOVA	RUS	F18-24	00:10:44	00:01:26	12	00:36:39	32.74	21	00:47:23	21	00:20:54	00:04:11	14	01:08:17
18	7/11	70	Alena ADANICHINA	RUS	F18-24	00:11:14	00:01:30	19	00:36:06	33.24	19	00:47:20	20	00:21:25	00:04:17	16	01:08:45
19	8/11	68	Anastasia PROTASENYA	RUS	F18-24	00:10:47	00:01:26	15	00:36:28	32.91	20	00:47:15	19	00:23:03	00:04:37	20	01:10:18
20	9/11	65	Stanislava ZINCHENKO	RUS	F18-24	00:11:04	00:01:29	18	00:35:16	34.03	17	00:46:20	16	00:24:26	00:04:53	23	01:10:46
21	10/11	71	Ekaterina TUCHINA	RUS	F18-24	00:10:53	00:01:27	17	00:35:37	33.69	18	00:46:30	18	00:24:18	00:04:52	22	01:10:48
22	12/12	40	Nikolas STYLIANOU	CYP	M18-24	00:15:29	00:02:04	25	00:41:54	28.64	23	00:57:23	23	00:24:06	00:04:49	21	01:21:29
23	1/1	81	Melanie EVANS	GBR	F50-54	00:14:06	00:01:53	23	00:43:04	27.86	26	00:57:10	22	00:27:09	00:05:26	26	01:24:19
24	1/1	56	Christos TSAIILIS	CYP	M35-39	00:22:20	00:02:59	35	00:41:00	29.27	22	01:03:20	28	00:22:48	00:04:34	19	01:26:08
25	1/2	59	Constantinos PAPALEONTIOU	CYP	M40-44	00:20:22	00:02:43	33	00:41:58	28.59	24	01:02:20	27	00:26:08	00:05:14	24	01:28:28
26	1/2	61	William DAHMER	CYP	M45-49	00:13:58	00:01:52	22	00:43:37	27.51	28	00:57:35	25	00:32:22	00:06:28	32	01:29:57
27	1/1	80	Claire PHILPOTT	CYP	F45-49	00:15:02	00:02:00	24	00:42:21	28.34	25	00:57:23	23	00:32:36	00:06:31	33	01:29:59
28	1/2	47	Daniel MCLEISH	CYP	M25-29	00:16:22	00:02:11	26	00:46:07	26.02	29	01:02:29	26	00:28:17	00:05:39	27	01:30:46
29	2/2	62	Panicos STYLIANOU	CYP	M45-49	00:19:19	00:02:35	29	00:47:19	25.36	31	01:06:38	32	00:26:59	00:05:24	25	01:33:37
30	1/2	54	Aristo IRZENSKI	CYP	M30-34	00:16:32	00:02:12	27	00:47:48	25.10	32	01:04:20	30	00:30:04	00:06:01	29	01:34:24
31	2/2	49	Ryan CHARLES	CYP	M25-29	00:20:21	00:02:43	32	00:43:29	27.60	27	01:03:50	29	00:31:00	00:06:12	30	01:34:50
32	11/11	75	Lindsay WELLINGS	CYP	F18-24	00:19:24	00:02:35	30	00:47:10	25.44	30	01:06:34	31	00:28:58	00:05:48	28	01:35:32
33	1/1	79	Sophie BOYADJIAN	CYP	F30-34	00:19:29	00:02:36	31	00:55:46	21.52	34	01:15:15	33	00:34:06	00:06:49	34	01:49:21
34	1/1	77	Eleni MOUSKOU	CYP	F25-29	00:17:43	00:02:22	28	01:02:16	19.27	36	01:19:59	35	00:31:20	00:06:16	31	01:51:19
35	2/2	16	John DOWLING	IRL	M40-44	00:20:51	00:02:47	34	00:58:09	20.64	35	01:19:00	34	00:35:02	00:07:00	35	01:54:02
36	2/2	55	Victor DEBBAS	CYP	M30-34	00:27:39	00:03:41	36	00:54:42	21.94	33	01:22:21	36	00:38:23	00:07:41	36	02:00:44