



Cyprus Triathlon Federation

Race: SPRINT TRIATHLON race 2

Date: 24/5/09

Venue: Limassol

POS	PLACE in DIV	RACE No.	NAME	COUNTRY / CLUB	DIV	SWIM	SWIM PER 100M	SWIM PLACE	BIKE SPLIT	BIKE SPLIT Km/H	BIKE SPLIT PLACE	BIKE CUM TIME	BIKE CUM PLACE	RUN SPLIT	RUN SPLIT min/Km	RUN SPLIT PLACE	FINAL TIME
1	1/17	24	Pete NORRIS	K1 Triathlon Club	OM	00:11:34	00:01:33	3	00:32:32	36.89	1	00:44:06	1	00:17:42	00:03:32	1	01:01:48
2	1/15	3	David SIMPSON	Famagusta Nautical Club	MM	00:11:08	00:01:29	1	00:34:40	34.62	4	00:45:48	2	00:19:05	00:03:49	6	01:04:53
3	2/17	2	Stavros ANTONIOU	Famagusta Nautical Club	OM	00:12:31	00:01:40	10	00:35:08	34.16	6	00:47:39	3	00:18:23	00:03:41	3	01:06:02
4	3/17	1	Marian CONSTANTIN	Famagusta Nautical Club	OM	00:13:39	00:01:49	14	00:34:54	34.38	5	00:48:33	6	00:18:22	00:03:40	2	01:06:55
5	4/17	57	Arnold MARAK	----	OM	00:13:58	00:01:52	16	00:33:53	35.42	2	00:47:51	4	00:19:17	00:03:51	7	01:07:08
6	2/15	26	Neil CARLSON	K1 Triathlon Club	MM	00:11:15	00:01:30	2	00:36:58	32.46	7	00:48:13	5	00:19:27	00:03:53	10	01:07:40
7	3/15	4	Christos CHRISTOU	Famagusta Nautical Club	MM	00:14:47	00:01:58	20	00:34:24	34.88	3	00:49:11	7	00:19:41	00:03:56	11	01:08:52
8	1/1	6	Alexandros STYLIANOU	Triathlon Club Nireus	MJA	00:12:03	00:01:36	7	00:37:38	31.89	9	00:49:41	9	00:19:18	00:03:52	8	01:08:59
9	4/15	9	Nicos HOULIS	Triathlon Club Asklipios	MM	00:11:38	00:01:33	5	00:37:35	31.93	8	00:49:13	8	00:21:02	00:04:12	16	01:10:15
10	5/17	10	Orpheas KYRIAKOU	Triathlon Club Nireus	OM	00:12:08	00:01:37	8	00:40:16	29.80	20	00:52:24	14	00:19:53	00:03:59	12	01:12:17
11	6/17	32	Robert LUDOVIC	----	OM	00:12:55	00:01:43	11	00:38:09	31.45	12	00:51:04	12	00:21:27	00:04:17	18	01:12:31
12	7/17	25	Steve TOMLISSON	K1 Triathlon Club	OM	00:15:26	00:02:03	27	00:38:13	31.40	13	00:53:39	17	00:18:59	00:03:48	5	01:12:38
13	8/17	14	Klearchos PETKAKIS	Famagusta Nautical Club	OM	00:12:14	00:01:38	9	00:37:38	31.89	10	00:49:52	10	00:23:55	00:04:47	26	01:13:47
14	9/17	28	Darren McCARTHY	Triathlon Club Nireus	OM	00:14:55	00:01:59	24	00:38:19	31.32	14	00:53:14	15	00:20:43	00:04:09	15	01:13:57
15	5/15	7	Panicos STYLIANOU	Triathlon Club Nireus	MM	00:17:34	00:02:21	34	00:37:52	31.69	11	00:55:26	20	00:18:46	00:03:45	4	01:14:12
16	10/17	11	Andreas EFSTATHIOU	Triathlon Club Nireus	OM	00:15:49	00:02:07	30	00:38:39	31.05	16	00:54:28	19	00:19:54	00:03:59	13	01:14:22
17	11/17	5	Kypros NICOLAOU	Triathlon Club Nireus	OM	00:11:44	00:01:34	6	00:40:04	29.95	19	00:51:48	13	00:22:57	00:04:35	21	01:14:45
18	6/15	23	Kevin PETRE	Famagusta Nautical Club	MM	00:11:36	00:01:33	4	00:38:47	30.94	17	00:50:23	11	00:26:37	00:05:19	35	01:17:00
19	12/17	8	Dan HAYES	Triathlon Club Nireus	OM	00:16:31	00:02:12	32	00:41:22	29.01	23	00:57:53	27	00:19:21	00:03:52	9	01:17:14
20	7/15	16	Panagiotis NTAIS	Triathlon Club Nireus	MM	00:15:02	00:02:00	26	00:38:25	31.24	15	00:53:27	16	00:24:06	00:04:49	27	01:17:33
21	1/3	37	Jouliia KANNAVA	Nicosia Nautical Club	OW	00:13:15	00:01:46	13	00:43:24	27.65	30	00:56:39	23	00:21:06	00:04:13	17	01:17:45
22	8/15	19	Adriaan JOUBERT	Triathlon Club Nireus	MM	00:14:49	00:01:59	22	00:40:37	29.54	22	00:55:26	20	00:23:13	00:04:39	22	01:18:39
23	13/17	12	Michalis MICHAEL	Triathlon Club Asklipios	OM	00:18:21	00:02:27	35	00:40:28	29.65	21	00:58:49	29	00:20:32	00:04:06	14	01:19:21
24	14/17	15	Alexandros DIOGENOUS	Triathlon Club Nireus	OM	00:14:48	00:01:58	21	00:39:30	30.38	18	00:54:18	18	00:25:17	00:05:03	31	01:19:35
25	2/3	39	Domniki PAPADOPOULOU	----	OW	00:15:46	00:02:06	29	00:42:11	28.45	25	00:57:57	28	00:22:35	00:04:31	20	01:20:32
26	15/17	17	Marios NICOLAOU	Triathlon Club Nireus	OM	00:14:42	00:01:58	18	00:42:12	28.44	26	00:56:54	25	00:23:39	00:04:44	23	01:20:33
27	9/15	18	Bambos SPANOUDIS	Triathlon Club Nireus	MM	00:14:51	00:01:59	23	00:41:59	28.58	24	00:56:50	24	00:23:45	00:04:45	25	01:20:35
28	16/17	13	Christos TSIALIS	Triathlon Club Nireus	OM	00:16:30	00:02:12	31	00:42:45	28.07	28	00:59:15	30	00:21:34	00:04:19	19	01:20:49
29	17/17	34	Nicos IOSIF	----	OM	00:14:18	00:01:54	17	00:43:34	27.54	31	00:57:52	26	00:24:39	00:04:56	28	01:22:31
30	10/15	21	Kypros TSOULOUPAS	Famagusta Nautical Club	MM	00:13:49	00:01:51	15	00:42:40	28.13	27	00:56:29	22	00:26:07	00:05:13	34	01:22:36
31	11/15	22	Constantinos PAPALEONTIOU	Triathlon Club Asklipios	MM	00:17:11	00:02:17	33	00:43:09	27.81	29	01:00:20	32	00:23:40	00:04:44	24	01:24:00
32	12/15	31	Bill DAHMER	CLC Vikings	MM	00:14:46	00:01:58	19	00:47:03	25.50	34	01:01:49	33	00:24:48	00:04:58	29	01:26:37
33	1/2	36	Andri POYIATZI	Triathlon Club Nireus	WM	00:15:40	00:02:05	28	00:46:43	25.69	33	01:02:23	34	00:25:32	00:05:06	32	01:27:55
34	3/3	40	Panagiota ANDREOU	----	OW	00:14:59	00:02:00	25	00:48:01	24.99	35	01:03:00	35	00:25:01	00:05:00	30	01:28:01
35	2/2	38	Claire PHILPOTT	Nicosia Nautical Club	WM	00:13:14	00:01:46	12	00:46:11	25.98	32	00:59:25	31	00:30:13	00:06:03	36	01:29:38
36	13/15	35	Thales PANAGIDES	----	MM	00:21:53	00:02:55	38	00:50:19	23.85	36	01:12:12	36	00:26:01	00:05:12	33	01:38:13
37	14/15	30	Bernard RETZIGNAC	----	MM	00:18:53	00:02:31	36	00:54:40	21.95	38	01:13:33	38	00:31:40	00:06:20	37	01:45:13
38	15/15	29	John DOWLING	----	MM	00:20:09	00:02:41	37	00:52:50	22.71	37	01:12:59	37	00:36:53	00:07:23	38	01:49:52