



Race: SPRINT TRIATHLON race 2

Date: 24/5/09

Venue: Limassol

POS	PLACE in DIV	RACE No.	NAME	COUNTRY / CLUB	DIV	SWIM	SWIM PER 100M	SWIM PLACE	BIKE SPLIT	BIKE SPLIT Km/H	BIKE SPLIT PLACE	BIKE CUM TIME	BIKE CUM PLACE	RUN SPLIT	RUN SPLIT min/Km	RUN SPLIT PLACE	FINAL TIME
1	1/12	56	Michalis ALEXANDRAKIS	Famagusta Nautical Club	OM	00:04:32	00:01:31	3	00:22:35	26.57	3	00:27:07	2	00:10:03	00:04:01	1	00:37:10
2	2/12	42	Christos CHRISTODOULOU	Famagusta Nautical Club	OM	00:04:27	00:01:29	2	00:22:08	27.11	2	00:26:35	1	00:11:48	00:04:43	5	00:38:23
3	3/12	48	Grant WESTER	----	OM	00:06:16	00:02:05	12	00:21:49	27.50	1	00:28:05	3	00:10:39	00:04:16	3	00:38:44
4	1/1	52	Eleni PRATSI	Famagusta Nautical Club	WJB	00:04:21	00:01:27	1	00:25:28	23.56	7	00:29:49	6	00:10:33	00:04:13	2	00:40:22
5	4/12	45	Aristo IRZINSKY	----	OM	00:04:38	00:01:33	4	00:23:36	25.42	5	00:28:14	4	00:12:47	00:05:07	8	00:41:01
6	1/2	50	Nikos KOUKIDES	----	MJB	00:05:20	00:01:47	6	00:23:06	25.97	4	00:28:26	5	00:13:14	00:05:18	10	00:41:40
7	6/12	41	Constantinos IOANNOU	Triathlon Club Nireus	OM	00:05:47	00:01:56	9	00:25:48	23.26	10	00:31:35	10	00:12:18	00:04:55	6	00:43:53
8	1/3	46	Costas LAMBRAKIS	Triathlon Club Nireus	MM	00:06:05	00:02:02	11	00:24:46	24.23	6	00:30:51	8	00:13:05	00:05:14	9	00:43:56
9	2/2	49	Marcos SPYRIDES	----	MJB	00:04:56	00:01:39	5	00:25:42	23.35	9	00:30:38	7	00:14:05	00:05:38	12	00:44:43
10	2/3	51	Robert WHITAKER	----	MM	00:05:54	00:01:58	10	00:25:31	23.51	8	00:31:25	9	00:13:22	00:05:21	11	00:44:47
11	10/12	47	Chris MARKIDES	----	OM	00:05:35	00:01:52	8	00:27:20	21.95	12	00:32:55	11	00:12:19	00:04:56	7	00:45:14
12	3/3	54	Neoptolemos IOANNOU	Alasia Triathlon Club	MM	00:09:10	00:03:03	15	00:27:05	22.15	11	00:36:15	13	00:14:46	00:05:54	13	00:51:01
13	2/3	53	Stavroula IOANNOU	Triathlon Club Nireus	OW	00:06:25	00:02:08	13	00:29:18	20.48	13	00:35:43	12	00:15:20	00:06:08	14	00:51:03
14	12/12	43	Neophytos NEOPHYTOU	----	OM	00:05:24	00:01:48	7	00:36:21	16.51	14	00:41:45	14	00:11:22	00:04:33	4	00:53:07
15	1/1	55	Rea GEORGIU	Triathlon Club Nireus	WM	00:06:26	00:02:09	14	00:37:17	16.09	15	00:43:43	15	00:17:39	00:07:04	15	01:01:22