Cyprus Triathlon Federation

Race: AQUATHLON race 1
Date: 28/6/09
Venue: Limassol

POS	PLACE in DIV	RACE No.	NAME	CLUB	DIV	RUN-1 SPLIT	RUN-1 SPLIT min/Km	RUN-1 PLACE	SWIM SPLIT	SWIM PER 100m	SWIM SPLIT PLACE	SWIM CUM TIME	SWIM CUM PLACE	RUN-2 SPLIT	RUN-2 SPLIT min/Km	RUN-2 SPLIT PLACE	FINAL TIME
1	1/27	2	Marian CONSTANTIN	Famagusta Nautical Club	OM	00:07:56	00:03:10	2	00:19:55	00:02:00	2	00:27:51	2	00:08:45	00:03:30	1	00:36:36
2	2/27	1	Stavros ANTONIOU	Famagusta Nautical Club	OM	00:08:06	00:03:14	3	00:19:58	00:02:00	3	00:28:04	3	00:09:08	00:03:39	2	00:37:12
3	1/11	5	Nicos HOULIS	Triathlon Club Asklipios	MM	00:09:45	00:03:54	10	00:18:04	00:01:48	1	00:27:49	1	00:10:29	00:04:12	7	00:38:18
4	4/27	8	Michalis ALEXANDRAKIS	Famagusta Nautical Club	OM	00:09:28	00:03:47	6	00:21:23	00:02:08	8	00:30:51	4	00:10:27	00:04:11	6	00:41:18
5	5/27	7	Robert LUDOVIC	----	OM	00:09:43	00:03:53	9	00:21:10	00:02:07	4	00:30:53	5	00:10:42	00:04:17	10	00:41:35
6	6/27	32	Dimitris PROTOGEROU	----	OM	00:10:33	00:04:13	14	00:21:15	00:02:07	6	00:31:48	6	00:09:53	00:03:57	5	00:41:41
7	1/2	15	Joulia KANNAVA	Nicosia Nautical Club	OW	00:10:50	00:04:20	15	00:21:17	00:02:08	7	00:32:07	7	00:10:33	00:04:13	8	00:42:40
8	2/11	11	Panicos STYLIANOU	Triathlon Club Nireus	MM	00:07:54	00:03:10	1	00:25:55	00:02:36	21	00:33:49	12	00:09:15	00:03:42	3	00:43:04
9	8/27	13	Dan HAYES	Triathlon Club Nireus	OM	00:08:50	00:03:32	4	00:25:36	00:02:34	20	00:34:26	15	00:09:24	00:03:46	4	00:43:50
10	9/27	19	Marios NICOLAOU	Triathlon Club Nireus	OM	00:11:08	00:04:27	20	00:21:58	00:02:12	9	00:33:06	9	00:11:23	00:04:33	16	00:44:29
11	10/27	10	Darren McCARTHY	Triathlon Club Nireus	OM	00:10:18	00:04:07	13	00:23:37	00:02:22	13	00:33:55	13	00:11:11	00:04:28	13	00:45:06
12	3/11	33	Alvaro BONILLA	Triathlon Club Nireus	MM	00:10:09	00:04:04	11	00:24:10	00:02:25	15	00:34:19	14	00:11:08	00:04:27	12	00:45:27
13	12/27	35	Aristo IRZINSKY	----	OM	00:10:55	00:04:22	16	00:22:53	00:02:17	11	00:33:48	11	00:12:02	00:04:49	18	00:45:50
14	13/27	6	Dimitris CHARITOS	----	OM	00:10:16	00:04:06	12	00:24:27	00:02:27	17	00:34:43	16	00:11:13	00:04:29	14	00:45:56
15	4/11	23	Kypros TSOULOUPAS	Famagusta Nautical Club	MM	00:11:06	00:04:26	19	00:21:59	00:02:12	10	00:33:05	8	00:12:53	00:05:09	23	00:45:58
16	1/1	41	Stefanos IOANNOU	Famagusta Nautical Club	MJA	00:11:04	00:04:26	18	00:24:42	00:02:28	18	00:35:46	19	00:10:37	00:04:15	9	00:46:23
17	5/11	20	Bambos SPANOUDES	Triathlon Club Nireus	MM	00:11:00	00:04:24	17	00:24:12	00:02:25	16	00:35:12	17	00:11:21	00:04:32	15	00:46:33
18	1/1	26	Claire PHILPOTT	Nicosia Nautical Club	WM	00:12:23	00:04:57	25	00:21:13	00:02:07	5	00:33:36	10	00:13:38	00:05:27	24	00:47:14
19	6/11	14	Panagiotis NTAIS	Triathlon Club Nireus	MM	00:11:09	00:04:28	21	00:25:04	00:02:30	19	00:36:13	20	00:11:47	00:04:43	17	00:48:00
20	7/11	24	Constantinos PAPALEONTIOU	Triathlon Club Asklipios	MM	00:09:41	00:03:52	8	00:28:11	00:02:49	22	00:37:52	22	00:11:05	00:04:26	11	00:48:57
21	1/2	29	Nikos KOUKIDES	----	MJB	00:12:19	00:04:56	24	00:23:04	00:02:18	12	00:35:23	18	00:14:08	00:05:39	26	00:49:31
22	2/2	28	Marcos SPYRIDES	----	MJB	00:12:28	00:04:59	26	00:24:00	00:02:24	14	00:36:28	21	00:14:07	00:05:39	25	00:50:35
23	21/27	21	Christos TSIAILIS	Triathlon Club Nireus	OM	00:09:31	00:03:48	7	00:30:40	00:03:04	26	00:40:11	23	00:12:15	00:04:54	20	00:52:26
24	22/27	37	Constantinos IOANNOU	Triathlon Club Nireus	OM	00:11:32	00:04:37	23	00:29:36	00:02:58	23	00:41:08	24	00:12:29	00:05:00	21	00:53:37
25	8/11	34	Antonis ROUVAS	----	MM	00:11:30	00:04:36	22	00:31:01	00:03:06	27	00:42:31	25	00:12:10	00:04:52	19	00:54:41
26	24/27	42	Victor DEBASS	----	OM	00:14:12	00:05:41	27	00:29:48	00:02:59	24	00:44:00	26	00:14:35	00:05:50	27	00:58:35
27	9/11	40	Costas LAMBRAKIS	Triathlon Club Nireus	MM	00:16:34	00:06:38	28	00:29:48	00:02:59	24	00:46:22	27	00:12:52	00:05:09	22	00:59:14
28	10/11	27	John DOWLING	----	MM	00:16:36	00:06:38	29	00:32:25	00:03:15	28	00:49:01	28	00:16:25	00:06:34	28	01:05:26
29	11/11	43	David SIMPSON	Famagusta Nautical Club	MM	00:08:51	00:03:32	5	---	---	---	---	---	---	---	---	DNF