



Race: SPRINT TRIATHLON race 4
 Date: 11/10/09
 Venue: Limassol

POS	PLACE in DIV	RACE No.	NAME	COUNTRY / CLUB	DIV	SWIM	SWIM PER 100M	SWIM PLACE	BIKE SPLIT	BIKE SPLIT Km/H	BIKE SPLIT PLACE	BIKE CUM TIME	BIKE CUM PLACE	RUN SPLIT	RUN SPLIT min/Km	RUN SPLIT PLACE	FINAL TIME
1	1/7	36	Neil CARLSON	K1 Triathlon Club	MM	00:16:04	00:02:09	4	00:36:10	33.18	1	00:52:14	1	00:19:54	00:03:59	2	01:12:08
2	1/2	59	Alexandros STYLIANOU	Triathlon Club Nireus	MJA	00:15:57	00:02:08	2	00:37:55	31.65	2	00:53:52	2	00:20:42	00:04:08	3	01:14:34
3	1/11	52	Klearchos PETKAKIS	Famagusta Nautical Club	OM	00:15:59	00:02:08	3	00:38:05	31.51	3	00:54:04	3	00:23:25	00:04:41	8	01:17:29
4	2/11	37	Christos CHRISTODOULOU	Famagusta Nautical Club	OM	00:17:19	00:02:19	5	00:40:11	29.86	6	00:57:30	4	00:21:50	00:04:22	6	01:19:20
5	1/2	45	Nikos KOUKIDES	----	MJB	00:17:41	00:02:21	7	00:39:58	30.03	5	00:57:39	5	00:24:24	00:04:53	11	01:22:03
6	3/11	47	Neophytos NEOPHYTOU	----	OM	00:19:14	00:02:34	12	00:40:23	29.72	7	00:59:37	10	00:22:43	00:04:33	7	01:22:20
7	2/2	58	Marcos SPYRIDES	----	MJB	00:17:34	00:02:21	6	00:40:54	29.34	8	00:58:28	7	00:24:21	00:04:52	10	01:22:49
8	4/11	56	George SOFOCLEOUS	----	OM	00:15:47	00:02:06	1	00:42:11	28.45	12	00:57:58	6	00:25:06	00:05:01	17	01:23:04
9	5/11	40	Marios IOANNIDES	----	OM	00:18:32	00:02:28	11	00:41:00	29.27	9	00:59:32	9	00:23:36	00:04:43	9	01:23:08
10	6/11	62	Christos TSIALIS	Triathlon Club Nireus	OM	00:21:20	00:02:51	19	00:41:05	29.21	10	01:02:25	11	00:20:50	00:04:10	4	01:23:15
11	7/11	57	Nikos SOURMELIS	----	OM	00:20:33	00:02:44	16	00:44:05	27.22	14	01:04:38	14	00:18:40	00:03:44	1	01:23:18
12	2/7	49	Panagiotis NTAIS	Triathlon Club Nireus	MM	00:20:13	00:02:42	14	00:39:05	30.70	4	00:59:18	8	00:24:45	00:04:57	13	01:24:03
13	8/11	41	Dimitris IOANNIDIS	Famagusta Nautical Club	OM	00:18:30	00:02:28	10	00:45:11	26.56	17	01:03:41	13	00:21:32	00:04:18	5	01:25:13
14	3/7	63	Martin WEISS	----	MM	00:20:17	00:02:42	15	00:42:11	28.45	11	01:02:28	12	00:25:02	00:05:00	15	01:27:30
15	9/11	55	Yiorgos SAVVIDES	Nereus Rowing Club	OM	00:17:49	00:02:23	8	00:47:46	25.12	20	01:05:35	17	00:24:57	00:04:59	14	01:30:32
16	2/2	43	Stefanos IOANNOU	Famagusta Nautical Club	MJA	00:20:36	00:02:45	17	00:44:38	26.89	15	01:05:14	15	00:26:11	00:05:14	19	01:31:25
17	4/7	51	Constantinos PAPALEONTIOU	Triathlon Club Asklipios	MM	00:22:46	00:03:02	21	00:44:48	26.79	16	01:07:34	20	00:25:04	00:05:01	16	01:32:38
18	5/7	35	Alvaro BONILLA	Triathlon Club Nireus	MM	00:22:30	00:03:00	20	00:46:51	25.61	19	01:09:21	21	00:24:32	00:04:54	12	01:33:53
19	10/11	48	Marios NICOLAOU	Triathlon Club Nireus	OM	00:19:14	00:02:34	12	00:46:09	26.00	18	01:05:23	16	00:28:49	00:05:46	21	01:34:12
20	6/7	46	Costas LAMBRAKIS	Triathlon Club Nireus	MM	00:23:35	00:03:09	22	00:43:35	27.53	13	01:07:10	18	00:27:45	00:05:33	20	01:34:55
21	1/2	53	Claire PHILPOTT	Nicosia Nautical Club	WM	00:18:05	00:02:25	9	00:49:14	24.37	22	01:07:19	19	00:29:35	00:05:55	22	01:36:54
22	11/11	42	Constantinos IOANNOU	Triathlon Club Nireus	OM	00:24:46	00:03:18	23	00:49:19	24.33	23	01:14:05	24	00:25:24	00:05:05	18	01:39:29
23	7/7	50	Christodoulos PAPAPOULOS	----	MM	00:20:45	00:02:46	18	00:52:27	22.88	24	01:13:12	22	00:29:38	00:05:56	23	01:42:50
24	2/2	64	Susan WEISS	Triathlon Club Nireus	WM	00:25:14	00:03:22	24	00:48:02	24.98	21	01:13:16	23	00:29:56	00:05:59	24	01:43:12