



Cyprus Triathlon Federation

Race: TRIATHLON race 2

Date: 19/9/10

Venue: Larnaca

POS	PLACE in DIV	RACE No.	NAME	COUNTRY / CLUB	DIV	SWIM	SWIM PER 100M	SWIM PLACE	BIKE SPLIT	BIKE SPLIT Km/H	BIKE SPLIT PLACE	BIKE CUM TIME	BIKE CUM PLACE	RUN SPLIT	RUN SPLIT min/Km	RUN SPLIT PLACE	FINAL TIME
1	1/3	26	David SIMPSON	Famagusta Nautical Club	MM	00:22:38	00:01:31	1	01:03:55	37.55	2	01:26:33	1	00:43:11	00:04:19	1	02:09:44
2	1/11	14	Stavros ANTONIOU	Famagusta Nautical Club	OM	00:24:56	00:01:40	3	01:03:19	37.90	1	01:28:15	2	00:43:24	00:04:20	2	02:11:39
3	2/3	3	Christos CHRISTOU	Famagusta Nautical Club	MM	00:30:01	00:02:00	7	01:04:39	37.12	3	01:34:40	4	00:46:05	00:04:37	7	02:20:45
4	2/11	7	Demetris KAFOURIS	Famagusta Nautical Club	OM	00:24:30	00:01:38	2	01:08:27	35.06	4	01:32:57	3	00:48:29	00:04:51	8	02:21:26
5	1/2	10	Emma CLAYDON	K1 Triathlon Club	OW	00:26:29	00:01:46	5	01:13:10	32.80	9	01:39:39	6	00:43:46	00:04:23	4	02:23:25
6	3/11	2	Andreas EFSTATHIOU	Triathlon Club Nireas	OM	00:32:10	00:02:09	10	01:08:45	34.91	5	01:40:55	7	00:43:40	00:04:22	3	02:24:35
7	4/11	13	Orpheas KYRIAKOU	Triathlon Club Nireas	OM	00:25:18	00:01:41	4	01:10:18	34.14	6	01:35:36	5	00:52:04	00:05:12	11	02:27:40
8	5/11	1	Alexis SHANGARIS	Nireas Triathlon Club	OM	00:28:02	00:01:52	6	01:15:07	31.95	10	01:43:09	9	00:45:35	00:04:34	5	02:28:44
9	6/11	6	Dan HAYES	Triathlon Club Nireas	OM	00:30:56	00:02:04	8	01:16:00	31.58	11	01:46:56	11	00:45:56	00:04:36	6	02:32:52
10	7/11	15	Stelios MARCOU	Visitor	OM	00:31:10	00:02:05	9	01:11:57	33.36	7	01:43:07	8	00:51:53	00:05:11	10	02:35:00
11	2/2	9	Emesse MESZAROS	Triathlon Club Asklipios	OW	00:33:43	00:02:15	14	01:12:39	33.04	8	01:46:22	10	00:49:46	00:04:59	9	02:36:08
12	8/11	12	Michalis MICHAEL	Triathlon Club Asklipios	OM	00:33:38	00:02:15	13	01:16:52	31.22	12	01:50:30	12	00:55:28	00:05:33	13	02:45:58
13	9/11	11	Jean-Philippe CROS	Visitor	OM	00:34:19	00:02:17	15	01:19:22	30.24	14	01:53:41	14	00:53:42	00:05:22	12	02:47:23
14	10/11	4	Christos TSIALILIS	Triathlon Club Nireas	OM	00:33:22	00:02:13	12	01:19:17	30.27	13	01:52:39	13	00:58:09	00:05:49	14	02:50:48
15	3/3	8	Dinos KONIS	Triathlon Club Nireas	MM	00:32:21	00:02:09	11	01:22:47	28.99	16	01:55:08	15	01:07:53	00:06:47	16	03:03:01
16	11/11	5	Constantinos IOANNOU	Triathlon Club Nireas	OM	00:35:27	00:02:22	16	01:22:41	29.03	15	01:58:08	16	01:05:52	00:06:35	15	03:04:00