

VolksWagen Sprint Triathlon 29.9.2013 Results

Sprint

	First Name	Last Name	Club	Swim	Bike	Run	Total
F20-39							
1	Carmen	Macheriotou	Nireas Triathlon Club	00:12:50	00:34:53	00:19:03	01:06:46
F40+							
1	Ioulia	Kannava	Nireas Triathlon Club	00:16:46	00:43:41	00:22:26	01:22:53
2	Claire	Philpott	Nireas Triathlon Club	00:16:42	00:44:42	00:27:24	01:28:48
3	Andri	Poyiatzi	Nireas Triathlon Club	00:18:29	00:46:30	00:25:37	01:30:36
4	Rea	Georgiou	Nireas Triathlon Club	00:19:53	---	---	DNF
M14-19							
1	Pasxalis	Frangou	Famagusta Nautical Club	00:15:37	00:37:10	00:19:20	01:12:07
2	Yiannis	Awad	Lakatamia Nautical Club	00:12:35	00:38:31	00:21:52	01:12:58
3	Giannis	Panagiotou	Famagusta Nautical Club	00:15:18	00:40:24	00:21:23	01:17:05
4	Giorgos	Christoforidis	Famagusta Nautical Club	00:14:37	00:41:41	00:22:28	01:18:46
5	Paris	Nicolaou	Nireas Triathlon Club	00:12:20	00:40:53	00:27:14	01:20:27
M20-39							
1	Demetris	Kafouris	Famagusta Nautical Club	00:13:38	00:34:04	00:20:07	01:07:49
2	Andreas	Djiakouris	Biking Cyprus	00:15:22	00:35:10	00:19:48	01:10:20
3	Constantinos	Costandinides	----	00:15:53	00:37:55	00:18:08	01:11:56
4	Daniel	Hayes	Nireas Triathlon Club	00:20:23	00:40:00	00:19:39	01:20:02
5	Lefcos	Clerides	Nireas Triathlon Club	00:17:58	00:38:43	00:23:49	01:20:30
6	Sophocles	Theodorou	----	00:19:16	00:43:44	00:21:33	01:24:33
7	Andreas	Iosif	Nireas Triathlon Club	00:17:22	00:45:00	00:24:19	01:26:41
8	Alexis	Georgiou	----	00:20:47	00:45:13	00:21:11	01:27:11
9	Charalambos	Stylianides	----	00:16:51	00:46:44	00:25:04	01:28:39
10	Tasos	Anastasiou	----	00:22:16	00:44:39	00:22:16	01:29:11
11	Gábor	Winkler	----	00:20:55	00:42:20	00:26:18	01:29:33
12	Andreas	Andreou	----	00:21:17	00:41:52	00:27:32	01:30:41
13	Michal	Thomka	----	00:21:53	00:43:51	00:25:39	01:31:23
14	Marinos	Georgiou	----	00:22:40	00:45:47	00:23:14	01:31:41
15	Andreas	Dionyssiou	Kyrenia Nautical Club	00:21:23	00:46:11	00:27:58	01:35:32
16	Mario	Madureira	----	00:25:11	00:54:04	00:28:25	01:47:40
17	Dragan	Sterleman	----	00:17:54	01:01:51	00:37:01	01:56:46
18	Michalis	Konstantinidis	----	00:17:49	---	---	DNF
M40+							
1	William	Dahmer	Famagusta Nautical Club	00:18:26	00:42:40	00:23:45	01:24:51
2	Marios	Nicolaou	Nireas Triathlon Club	00:16:45	00:44:24	00:27:08	01:28:17
3	Alvaro	Bonilla	Nireas Triathlon Club	00:20:51	00:44:35	00:24:32	01:29:58
4	Ioannis	Hatzis	Nireas Triathlon Club	00:19:04	00:47:54	00:27:33	01:34:31
5	Kypros	Tsouloupas	Kyrenia Nautical Club	00:17:02	00:48:22	00:31:05	01:36:29
6	Lakis	Macheriotis	Nireas Triathlon Club	00:23:22	00:48:49	00:25:53	01:38:04
7	Sam	Tucker	Famagusta Nautical Club	00:22:45	00:52:09	00:29:04	01:43:58

Super Sprint

	First Name	Last Name	Club	Swim	Bike	Run	Total
F20-39							
1	Sofia	Matsi	Nireas Triathlon Club	00:11:49	00:25:26	00:12:45	00:50:00
M14-19							
1	Petros	Procopides	Lakatamia Nautical Club	00:08:38	00:21:40	00:10:48	00:41:06
M20-39							
1	Marek	Stancik	----	00:10:49	00:21:02	00:11:14	00:43:05
2	Marios	Vassiliou	Nireas Triathlon Club	00:11:45	00:24:45	00:11:48	00:48:18
3	Nektarios	Michael	----	00:12:22	00:23:36	00:12:37	00:48:35
4	Andreas	Kyprianou	Nireas Triathlon Club	00:14:27	00:23:05	00:12:23	00:49:55
5	Adamos	Anastasiou	----	00:15:05	00:26:20	00:12:32	00:53:57
6	Markos	Markou	----	00:12:55	00:31:15	00:15:22	00:59:32
7	Christos	Ioannides	----	00:15:32	00:30:57	00:15:46	01:02:15
M40+							
1	Andreas	Christodoulou	----	00:11:38	00:23:16	00:12:01	00:46:55
2	Michalis	Theocharides	----	00:12:47	00:28:41	00:10:11	00:51:39
3	Joseph	Shailos	Nireas Triathlon Club	00:10:45	00:24:30	00:16:26	00:51:41
4	Achilleas	Achilleos	----	00:16:41	00:25:46	00:15:09	00:57:36
5	Erik	Malinen	----	00:15:47	00:26:45	00:15:44	00:58:16